ARBOR TRACE

TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

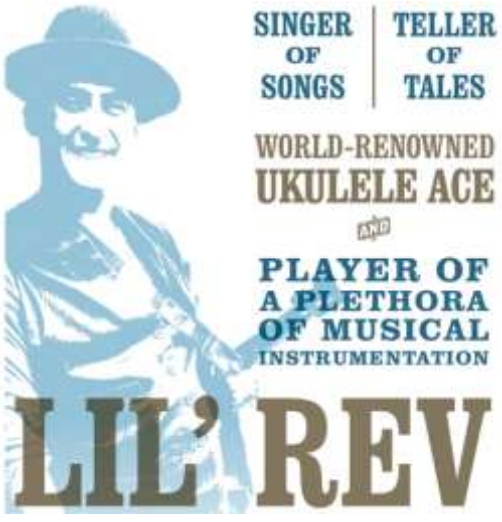
January 2026 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929



Special Music this month

Enjoy an afternoon of exceptional live music in January as professional pianist Fred Moyer presents a special performance in the *Top of the Pointe*, on Thursday, January 29th at 4:00 p.m.

Adding to the month's musical offerings, residents are invited to a lively performance by Little Rev, a well-known ukulele artist, on Friday, January 30th at 3:00 p.m.in the *Gathering Place*. These events provide a wonderful opportunity to enjoy high-quality live entertainment within our community.



CAM Corner



As we begin the new year, several projects and important dates are approaching that will impact daily routines.

Renovation work at Tower Pointe begins January 5 and will continue into February, with more detailed timelines shared as the project progresses. Residents should expect periodic hallway disruptions during this time. For safety and efficiency, the 17th floor will be completely closed throughout the renovation period, with no access permitted at any time.

The tennis courts will be resurfaced starting January 5 and will be unavailable during that work. In addition, The Gathering Place will close at the end of the day on January 29, following the Fred Moyer Concert. All activities, events, and group meetings will be temporarily relocated until renovations are completed, with an anticipated reopening in mid-March.

ATCA Updates: Painting will continue until all buildings are complete, and window washing will occur shortly after each building is painted. A contractor will be scheduled in January to inspect unit owners' hurricane shutters. Any repair costs are the responsibility of the unit owner; however, if lift equipment is required, the Association will cover the cost of the lift.

Please also plan to attend your Annual Association Meetings: ATCA – January 21 and TPCA – January 29. These meetings are a great opportunity to hear a recap of everything accomplished in 2025 and stay engaged with your community.

Thank you for your patience and cooperation as we complete these important improvements.

Jennifer Whitten, LCAM

Notes from the Director:



Welcome to 2026!

I would like to wish everyone a very happy and healthy New Year. On behalf of all the employees of Arbor Pointe Management, thank you to our residents who so generously contributed to the Employee Appreciation Fund this year. Your support resulted in an incredible $151,000 being collected, making this one of our most successful years to date. Your generosity truly made the holiday season brighter for our entire team, and it is deeply appreciated.

With the holidays behind us, January is a wonderful time to pause, rest, and reflect. The pace of the season can take a toll both mentally and physically, often leading to fatigue and emotional exhaustion. I hope the new year provides an opportunity to focus on personal well-being. For those who may be grieving the loss of a loved one, please consider joining the Care Group, which meets on the first and third Tuesdays at 1:00 p.m., or staying connected through our coffee groups and other community activities.

As cooler temperatures arrive and heaters are used again, I would like to share an important reminder regarding our fire alarm systems, which play a critical role in keeping everyone safe. Please remember that the smoke alarms inside your unit are not connected to the building's main fire alarm system. If your unit smoke alarm is triggered—for example, from cooking—do not open your hallway door. Opening the door can activate the building-wide alarm. Instead, ventilate your unit by opening a window or sliding door.

If a building alarm is activated, state law requires that it remain on until the fire department arrives—even if the alarm is false. To help reduce false alarms, please notify management of any contractor work in your building so proper precautions can be taken.

We also maintain a confidential list of residents who may need assistance evacuating due to physical limitations. The fire department uses this list during emergencies. If the alarm sounds and it is unsafe for you to use the stairs, remain calm and assess your surroundings for signs of fire or smoke. Please do not put yourself at risk by attempting to evacuate unnecessarily. As the new year begins, notify Angie or Fe of any physical changes so we can update this list accordingly.

Reminders:
While we value a warm, family-like atmosphere, it is important to maintain clear professional boundaries. Gifts or gratuities to staff must be of no significant value; cash or gift cards are not permitted, which is why the Employee Appreciation Fund exists as the appropriate and equitable way to thank our team.

Additionally, staff are not permitted to engage in private outings, personal services, or work outside of their normal job duties without prior approval. Any employee wishing to perform work outside their regular role or participate in activities or outings with a resident must first complete a request form and receive approval from the Executive Director. These policies are in place to maintain professionalism, protect residents, and ensure everyone's safety.

In closing, please remember to drive slowly and carefully throughout the community, as we share our roads with pedestrians, cyclists, and local wildlife.

Wishing you a safe, healthy, and peaceful year ahead.

Warm regards,
Jennifer Whitten



In Remembrance:
Dot Munch
Rosemary O'Connell



January Calendar Notes

Exercise Opportunities

*Forever Fit on Fridays is at 10:30 a.m. in the Clubhouse Activity Room. Come join us for one hour sitting/standing total body work out with weights and resistance bands
*Tai Chi on Tuesdays at 9:30 a.m. (Balance Class) & 10:15 a.m. (Tai Chi) for the winter months
*Sandy's Exercise/Chair Yoga on Channel 99 available anytime
*M/W/F at 10:30 a.m. Gathering Place Chair Yoga
*Tuesday/Thursday 1:30 p.m. Aquacise at the Swimming Pool (weather permitting) for the month of January
*Pickleball Tuesdays/Thursdays/Saturdays at 8:00 a.m.
*The Blue Zones Walking Group meets every Thursday & Saturday at 8:30 a.m. in front of the Clubhouse to walk
*The Gym at Tower Pointe is open to all residents and their guests
* HealthPro Heritage Physical Therapy, Occupational Therapy, and Speech Therapy Services. Call (239) 251-3086 for more info.

Men are welcome to join the weekly 9:00 a.m. Monday morning for coffee in the Gathering Place. Ladies, join us at 9:00 a.m. each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

The Care Support Group meets twice a month at 1:00 p.m. in the Clubhouse Conference Room the first and third Tuesday. Any resident is welcome to join the group for support. Please know you are not alone in caring for a spouse or experiencing change.

The Winter Semester for our Lifelong Learning begins this month with a lecture on January 20th at 10:00 a.m. in the Gathering Place at the Tower. All are welcome!

At 4:00 p.m. on Monday, January 12th meet at the pool for Trivia and Cocktails. BYOB and get ready for some laughs and fun.

Men, come enjoy a tasty lunch and the friendship at ROMEO at noon on Thursday, January 15th. RSVP to Fe at the Clubhouse. We will celebrate all residents with a January birthday at 5:30 p.m. in Colonnade on Thursday, January 15th. RSVP to Fe at the Clubhouse. The resident's birthday meal is complimentary!

The Book Club meets in the Gathering Place, at 1:00 p.m. on Friday, January 16th so come and join the group to discuss this month's book.

Let's enjoy the first Management Party of the year on Wednesday, January 21st. Show off your favorite western wear! Make your reservations now at the Colonnade Dining Room. We're embracing all things country and western!

If you would enjoy a day in Sarasota experiencing the Ringling museum, join Trendy Tours for this exciting day trip on Thursday, January 22nd! To reserve a spot call Mary at 239-449-9408.

On Wednesday, January 28th, join Colleen for a tour of Arbor Glen. See for yourself the wonderful care and atmosphere of our assisted living. Please sign up at the Clubhouse. In the afternoon, hear from Jeff from Health Pro Heritage with his informative monthly health talks at 2:00 p.m. in the Gathering Place.

Religious activities are available: Wednesday, January 7th at 10:00 a.m. for Episcopalian service. Catholic Mass will be held on Monday, January 26th at 10:00 a.m. this month. Bible Study is starting back up starting on Friday, January 9th at 10:00 a.m. in the Gathering Place.

The Arbor Trace Condo Association will meet at 3:00 p.m. on Wednesday, January 21st in the Clubhouse Activity Room for their annual meeting.
The Tower Pointe Condo Association will have their annual meeting on Thursday, January 29th at 10 a.m. in the Gathering Place. Pianist Fred Moyer performs at 4:00 p.m. at the Top of the Pointe.

On Friday, January 30th, come hear the talented Little Rev perform in the Gathering Place at 3:00 p.m., and then the bus will depart at 4:30 p.m. for Broadway Palm Dinner Theatre to enjoy dinner and Fiddler on the Roof. Sign up at the Clubhouse to enjoy this evening out.

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BIRTHDAY HAPPENINGS:

3rd-Sandy Bortz
3rd-Rick Jackson
4th-Andy McWethy
8th-Sandy Ohanian
8th-Ron Agronin
10th-Sue Basinger
10th-Jeanne Goldberg
10th-Marge O'Kane
14th-David Hocking
14th-Joseph Maccarone
15th-Carole Fay
19th-Dennis Calabresa
19th-Bea Giannetti
19th-Diana Yoder
23rd-Marilyn Wlodychak
24th-Michaela Gardiner
25th-Katherine Dudley
26th-Morris Binder
28th-Agnes Kanner
30th-Catherine Brady

Sun	Mon	Tue	Wed	
Calendar Key (AR) Clubhouse Activity Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club	 Transportation to Tower Pointe activities is available from the Clubhouse.			12
4 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	5 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:00 Dr. Teitelbaum (Salon) 1:30 Kohl's Shopping 2:00 Travel Club (AR) 7:30 Movie (GP)	6 8:00 Pickleball 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 1:00 Care Support (AR) 1:30 Aquacise 3:00 Virtual Bowling (AR) 7:15 Bingo (AR)	7 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:00 Episcopalian Service (AR) 10:30 Chair Yoga (TP)	8: 5
11 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP) 4:30 Democratic Social Group (TP)	12 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Travel Club (AR) 4:30 Trivia & Cocktails (Pool) 7:30 Movie (GP)	13 8:00 Pickleball 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 1:30 Aquacise 3:00 Virtual Bowling (AR) 7:15 Bingo (AR)	14 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 2:00 Fred Katz Presents!	8:3 1 5 5
18 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	19 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (TP) 1:30 Aldi Shopping 2:00 Travel Club (AR) 7:30 Movie (GP)	20 8:00 Pickleball 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 10:00 Lifelong Learning (GP) 1:00 Care Support (AR) 1:30 Aquacise 7:15 Bingo (AR)	21 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (TP) 3:00 ATC Annual Board Meeting (AR) 5:30 Management Party (CL)	8:3 5
25 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	26 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:00 Catholic Mass (AR) 10:30 Chair Yoga (TP) 1:30 Walmart Shopping 2:00 Travel Club (AR) 7:30 Movie (GP)	27 8:00 Pickleball 9:30 Balance Tai Chi (AR) 10:15 Tai Chi (AR) 10:00 Lifelong Learning (GP) 1:30 Aquacise 3:00 Virtual Bowling (AR) 7:15 Bingo (AR)	28 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 AG Tour (CL) 10:30 Chair Yoga (TP) 2:00 Heritage Health Pro (GP)	10:0 4: 5

January 2026

TOWER POINTE AT ARBOR TRACE ARBOR TRACE

Thu	Fri	Sat
1 New Year's Day 8:00 Pickleball 2:00 New Year's Day Buffet (Colonnade)	2 9:00 No Grocery Shopping 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR)	3 8:00 Pickleball 1:30 Virtual Bowling (AR)
8 8:00 Pickleball 30 Blue Zones Walking Group 1:30 Open Art (TP) 1:30 Aquasize :30 Club Table (Colonnade)	9 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 10:45 Penny Pinchers 6:45 Artis Classics Transportation	10 8:00 Pickleball 1:30 Virtual Bowling (AR)
15 8:00 Pickleball 30 Blue Zones Walking Group 12:00 ROMEO (Colonnade) 1:30 Open Art (TP) 1:30 Aquasize :30 Club Table (Colonnade) :30 January Birthday Dinner	16 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 1:00 Book Club (GP) 6:45 Artis Pops Transportation	17 8:00 Pickleball 1:30 Virtual Bowling (AR)
22 Ringling Museum Day Trip 8:00 Pickleball 30 Blue Zones Walking Group 1:30 Open Art (TP) 1:30 Aquasize 2:00 Lifelong Learning (GP) :30 Club Table (Colonnade)	23 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (TP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 11:00 Lunch Bunch 6:45 Artis Classics Transportation	24 8:00 Pickleball 1:30 Virtual Bowling (AR)
29 8:00 Pickleball 00 Tower Pointe Annual Mtg (GP) 1:30 Open Art (TP) 1:30 Aquasize 2:00 Lifelong Learning (GP) 00 Fred Moyer Performs (TP) 5:30 Club Table (Colonnade)	30 9:00 Grocery Shopping 10:00 Bible Study (TP Library) 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 3:00 Little Rev Performs (GP) 4:30 Broadway Palm Dinner Theatre	31 8:00 Pickleball 1:30 Virtual Bowling (AR)

Life Long Learning Program

Tuesday, January 20th 10 a.m.
"*Uber Made Simple*"

Thursday, January 22nd 2 p.m.
"*The Nobel Prize for Literature*"

Tuesday, January 27th 10 a.m.
"*Medieval Gems: The Historic Hill Towns of Umbria—Gubbio & Orvieto*"

Thursday, January 29th 2 p.m.
"*Storytelling: Images with a Voice*"

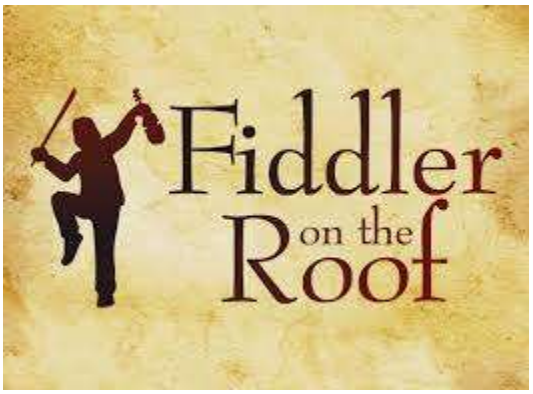
Arbor Trace Board Annual Meeting
Wednesday, January 21st
3:00 p.m. (Activity Room)

Tower Pointe Board Annual Meeting
Thursday, January 29th
10:00 am (Gathering Place)

Monday Night at the Movies
Gathering Place of Tower Pointe
7:30 pm

1/5-The Miracle Season (Drama)
1/12-People We Meet on Vacation (Comedy)
1/19-Cheaper by the Dozen (Comedy)
1/26-The Best You Can (Romantic Comedy)

Broadway Palm Dinner Theatre



Join us for a memorable evening at the Broadway Palm Dinner Theatre as we attend the beloved musical *Fiddler on the Roof* on Friday, January 30th. This classic production is filled with unforgettable music, heartfelt storytelling, and timeless traditions, all enjoyed alongside a delicious dinner. The cost is $88 per person, which includes both dinner and the show, and will be conveniently billed to your account. Space is limited, so please sign up at the Clubhouse to reserve your seat for this special night of entertainment.



Aquacise Update for January

Residents are invited to join our Aquacise class in January at 1:30 p.m., offering a great opportunity to enjoy the warmer afternoon weather rather than cool early morning hours. This low-impact class is designed to improve strength, flexibility, and balance while providing a refreshing and social way to stay active. We encourage everyone to take advantage of the milder temperatures and give this afternoon class a try. In February we will resume our normal schedule.



Toys for Tots Thank you

We extend our sincere thanks to all residents who generously donated to this year's Toys for Tots drive. Your kindness and community spirit helped bring joy, comfort, and hope to children in need during the holiday season. Each donated gift reflects the heart of our community and the true meaning of giving. Because of you, many local children will experience the magic of the holidays a little brighter this year. Thank you for making a meaningful difference!

Meet French Pippa



Pippa was sleeping when I rang the door bell at newcomer's Anne and Garrick Holmes' door in Building two. Just like many of us seniors, Pippa was taking a nap. In dog years she is 14 years, nine months old corresponding in human years to her early nineties. The Holmes, who formerly lived in France, brought Pippa home when she was two months old so of course Pippa understands French as well as other languages. She is also a traveler and when coming here slept eleven hours on a flight from Barcelona, Spain, to Miami arriving at Arbor Trace in October, 2024.

Pippa is a Cairn terrier with a shaggy, black coat whose ancestors were valuable vermin hunters in the Scottish farmland. They would rout out fox, otters, and weasels from piles of stone, known as cairns. The breeds rough, wiry coat would protect them from the Scottish weather and their strong jaws and teeth would get the job done. Today, according to the Cairn Terrier Club of America, the breed is sensible, smart, and independent but friendly with everyone they meet. They are alert, long-lived, and tend to remain active well into their teenage years, endearing them to children. They do need firm, loving and consistent discipline and exercise.

Pippa gets her walk every morning with dog walkers. She is generally happy with other animals, but once had a dictatorial Persian cat that she was distant with and will do the same with a large dog, according to Anne. She adores people and gets attention from them. On their closed in patio, Pippa barks at people walking by who enjoy seeing her.

Pippa has several beds but can sleep most anywhere in the condo and sleeps longer than Anne and Garrick. Pippa eats Hills food for digestive care and for treats loves spaghetti with tomato sauce and meat, a truly international dog.

By Shirley Woolaway Photo: Garrick Holmes



























THE BOOK CORNER: **New Large-print Books:** The Tower Pointe library has recently added the following: "Twice" by Mitch Albom, "Gone Before Goodbye" by Harlan Coben, "The Widow" by John Grisham, "The Land of Sweet Forever" by Harper Lee, "The Man Who Died Twice" by Richard Osman" and "The Band of Sisters" by Lauren Willig. All Arbor Trace residents are invited to come by and borrow one.

January Book Discussion: January's book is "Long Island" by Colm Tolbin. The rumor is that if you enjoyed Tolbin's "Brooklyn" this is a must-read. Beginning of a new year: a great time to come join us each month for lively conversations and insights. **All** residents (and their guests) welcome!! Questions? Contact Karen Sexton or Sandy Steinbach.

February and March Book Discussions; The book selected for February is "Barbie and Ruth" by Robin Gerber and for March we'll discuss "Heartwood" by Amity Gage.

Book Donations: As you may have noticed extra books from both of our libraries have recently been donated. The Bonita Beach Library is accepting all donations—and we're grateful. So, please feel free to donate, knowing that they are being used well. Just a quick reminder: neither library can handle boxes of books being dropped off. Call Karen Sexton for point of contact for book donations.



Did you know…

Your monthly bills can be emailed to you? Your monthly Condominium, Management and Meal worksheets can be emailed to you. This reduces the amount of paper that ends up in the garbage or shredder. Our Director of Finance and Accounting, Perry Behrens can also sign you up for automatic payment; the payments are automatically deducted on the fifth of the month. This reduces the need to send a check, saving stamps, envelopes check costs and is a more secure method. If you would like to sign up for paperless billing or automatic payment please call the Clubhouse at 239-598-2929 or email: Pbehrens@arbortracenaples.com.



Club Table

Are you new to Arbor Trace looking to make new friends? Would you like to come to dinner but do not have anyone to come with? Don't let that stop you! We invite you and anyone who would like the opportunity to dine with others to sign up for the "Club Table" on Thursdays' of the month. This "open table" will be a great place for anyone looking for new friends to join in and meet people. Simply call 438-4668 and let them know you would like to sit at the Club Table and there will be a place for you!



Join us for Trivia and Cocktails by the pool Monday, January 12th at 4:00 p.m.

5 Star Google Reviews

If you have had a positive experience at Arbor Trace, we would truly appreciate you taking a moment to share it by leaving a **Google review**. Your feedback helps others learn about our community and supports the incredible work our team does every day.

Reviews also play an important role in helping prospective residents and families make informed decisions. Whether it's about our staff, programs, dining, maintenance, or overall community atmosphere, your voice matters.

Thank you for being part of what makes Arbor Trace such a special place to call home - Anya Hargraves

Save the Date: Shredding Service



On Friday, February 6th we will have the shredding truck out in front of the Tower and Clubhouse. You do not need to remove staples or paperclips to have things shredded. If you use the big binder clips they will need to be removed before they go in.

Arbor Trace Revue—January 2026 Edition
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Publisher...Jennifer Whitten
Calendar of Events...Sandy Steinbach
Contributors to this edition… Karen Sexton, Shirley Woolaway, Perry Behrens, Anya Hargraves, Garrick Holmes
Please visit www.arbortrace.com