ARBOR TRACE

TOWER POINTE
AT ARBOR TRACE

# The Arbor Trace Revue

**March 2026 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929**



**An Invitation to Pause (April 19)**

We invite you to share a favorite sunset photo taken from Arbor Trace or Tower Pointe—a moment that made you stop, breathe, and feel grateful. Whether glowing over the water or softly fading into the evening, your sunset tells a story of beauty, reflection, and home. We will be hosting a Sunset Exhibit on April 19th.

As a second priority, we also welcome candid action shots of people in our community—neighbors walking, laughing, creating, or simply enjoying everyday moments together. These images help tell the fuller story of life, connection, and shared joy at Arbor Trace and Arbor Pointe.

Please email your Sunset photos to maria.beebe@gmail.com and your community photos to ssteinbach@arbortracenaples.com

**This Is Me, America:**
**Identity and Heritage**

***E Pluribus Unum***

The Arbor Trace Community Activity Committee, chaired by Susann Miller and Jean Fletcher, invites residents to attend This Is Me, America, a special 90-minute community program celebrating American identity and the diverse heritage that has shaped our lives. Through personal reflections, music, and shared stories, Arbor Trace residents will explore what it means to be American while honoring the family traditions and ancestral journeys that continue to influence who we are today. The program will open with personal reflections shared by 10+ residents/staff/management.

Held in the spirit of E pluribus unum—out of many, one—this event is the community's way of honoring the 250 years that have shaped us as Americans. The program also respectfully acknowledges the Calusa people, the First Americans of this region, and honors their enduring presence and stewardship of the land we now call Naples. Together, the evening offers a meaningful opportunity for connection, reflection, and unity, recognizing both our shared values and the rich diversity within our community.

Date: March 11, 2026
Time: 4:00 p.m. The Gathering Place

AMERICA 250

**Notes from the Director:**



I would like to remind all residents that the Tower Trace LLC Annual Meeting will be held on Wednesday, March 25th at 10:00 a.m. in the Gathering Place. This meeting would be especially informative to those residents who are new to the community. Most everyone is aware that the Tower Pointe and Arbor Trace Condominium Associations collectively own Tower Trace LLC, but not many understand how this relates to the operation and management of our community. We encourage all residents to attend this Annual Meeting to hear from each of the Boards; Tower Trace LLC, Arbor Pointe Management LLC, Tower Trace Realty LLC, and Arbor Pointe Foundation Inc. Looking forward to see you all there.

At Arbor Glen, our skilled nursing team is available to respond quickly and professionally whenever an **emergency** arises. Residents can immediately alert staff by pushing their emergency pendant or pulling the pull cord in their apartment—these systems are designed specifically for urgent situations when help is needed right away. Whether it's a fall, sudden illness, difficulty breathing, chest pain, or any other unexpected health concern, our nurses are trained to assess the situation, provide immediate care, and coordinate with emergency medical services if necessary. However, if you ever believe your situation is an immediate, life-threatening emergency—especially if it is heart-related—please call 911 immediately. Your safety and peace of mind are our top priorities, and help is always just the push of a button away.

From time to time one or a few of our residents talk about scam calls they recently received. Of course, since we are in the middle of tax season, some have received telephone calls from the IRS saying they are issuing a warrant for your arrest for back taxes. They tell you to pay up or you could go directly to jail. I think by now, most everyone knows that the IRS does not make such phone calls. The person calling is "phishing" for personal information or worse yet, trying to convince you to wire money to one of their accounts. If you receive such a call, simply hang up. Another scam is text messages that look like they come from reputable agencies (banks, USPS, FedEx, Amazon, IRS, etc) Please refrain from clicking links, if you are concerned about a message please check with the company directly. On a personal note, I would recommend not answering calls if you do not recognize the number on your caller ID. Scammers are also getting very good at sending convincing emails. Please be careful and watch the sender's email address for your first clue that it may not be legitimate.

Best,

Jennifer Whitten
Executive Director



**In Remembrance:**
Kenneth Gill
Jerry Meyers




**March Calendar Notes**

**Exercise Opportunities**

*Forever Fit on Fridays is at 10:30 a.m. in the Clubhouse Activity Room. Come join us for one hour sitting/standing total body work out with weights and resistance bands
*Tai Chi on Tuesdays at 9:30 a.m. (Balance Class) & 10:15 a.m. (Tai Chi) for the winter months
*Sandy's Exercise/Chair Yoga on Channel 99 available anytime
*Chair Yoga M/W/F at 10:30 a.m. Gathering Place (during renovations)
*Tuesday/Thursday 9:30am Aquacise at the Swimming Pool (weather permitting)
*Pickleball Tuesdays/Thursdays/Saturdays at 8:00 a.m.
*The Blue Zones Walking Group meets every Thursday & Saturday at 8:30 a.m. in front of the Clubhouse to walk
*The Gym at Tower Pointe is open to all residents and their guests
*Bocce on Fridays at 3:00 p.m.

Men are welcome to join the weekly 9:00 a.m. Monday morning for coffee in the Gathering Place. Ladies, join us at 9:00 a.m. each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

The Care Support Group meets twice a month at 1:00 p.m. in the Clubhouse Conference Room the first and third Tuesday. Any resident is welcome to join the group for support. Please know you are not alone in caring for a spouse or experiencing change.

The Winter Semester for our Lifelong Learning continues this month with a great line up. All are welcome, so check out the schedule!

Do you enjoy singing? Come join the Chorus starting on Monday, March 2nd at 12:30 p.m. in the Clubhouse Activity Room as we start working on the Spring Program, which will be April 10th. We love to see new faces so come join in the wonderful singing group!

Join in for the next Hearing Support Group meeting on Wednesday, March 4th at 1:30 p.m. in the Clubhouse Conference Room. Join others who share the same frustrations in life. You are not alone.

Do you need help with your phone? Sending photos, emails, or general questions? Sign up at the Clubhouse for a session with Brandon in the Activity Room at 3:30 p.m. He will be here on Wednesday, March 4th and also on Wednesday, March 18th.

At 4:00 p.m. on Monday, March 9th meet at the pool for Trivia and Cocktails. BYOB and get ready for some laughs and fun.

On March 11th, join us in the Gathering Place for a special presentation "This Is Me, America!" featuring Maria Beebe and 10 residents/employees who will share their heritage at 4:00 p.m.

Let's embrace the luck of the Irish at the March Management Party on Tuesday, March 17th. Make your reservations now at the Colonnade Dining Room. Wear your lucky green and we will see you there at 5:30 p.m.

Calling all men! Sign up at the Clubhouse for Men's ROMEO Lunch on Thursday, March 19th at noon in the Gathering Place.

The Book Club meets in the Gathering Place, at 1:00 p.m. on Friday, March 20th so come and join the group to discuss this month's book.

We will celebrate all residents with a March birthday at 5:30 p.m. in The Colonnade on Thursday, March 12th. RSVP to Fe at the Clubhouse. The resident's birthday meal is complimentary!

Religious activities are available: Wednesday, March 4th at 10:00 a.m. for the Episcopal service. Catholic Mass will be held on Monday, March 23rd at 10:00 a.m. this month. Bible Study is meeting each Friday at 10:00 a.m. in the Tower Pointe Library.

The Arbor Trace Condo Association will meet at 3:00 p.m. on March 18th in the Clubhouse Activity Room for their monthly meeting.
The Tower Pointe Condo Association will have their monthly meeting on Thursday, March 26th at 10 a.m. in the Gathering Place.
The Annual Tower Trace Meeting will be held in the Gathering Place on Wednesday, March 25th at 10:00 a.m. All residents are welcome and encouraged to attend.

# 4



**BIRTHDAY HAPPENINGS:**

1st-Shirley Schwindt
3rd-Bob Goldberg
6th-Richard Pollina
6th-Jeanne Randazzo
7th-Rob Wilde
8th-Carol Boyden
9th-Bill Foote
10th-Kathleen Morrow
13th-Richard Kuralt
19th-Annette Goldenberg
23rd-Charlotte Gregory
24th-Virginia Govoni
25th-George Nekoroski
26th-Bill Rediske
31st-Judith Baer

N

| Sun | Mon | Tue | Wed | |
|---|---|---|---|---|
| **1**<br>10:00 Naples United Church of Christ Livestreaming (AR)<br>12:00-2:00 Sunday Brunch<br>1:30 Bridge, Rummikub & Assorted Games (CL)<br>2:00 Mah Jongg (GP) | **2**<br>9:00 Men's Coffee (GP)<br>10:00 Grocery Shopping<br>10:30 Chair Yoga (GP)<br>12:30 Chorus Practice (AR)<br>1:30 Beall's Shopping<br>2:00 Travel Club (AR)<br>7:30 Movie (GP) | **3**<br>9:30 Aquacise<br>9:30 & 10:15 Tai Chi (AR)<br>10:00 Lifelong Learning Class (GP)<br>1:00 Care Support (AR)<br>1:00 Dr. Teitelbaum (Salon)<br>2:30 Great Decisions (GP)<br>7:15 Bingo (AR) | **4**<br>9:00 Putting on the Green<br>9:00 Ladies Coffee (GP)<br>10:00 Episcopal Service (AR)<br>10:30 Chair Yoga (GP)<br>1:30 I Can't Hear You! Support Group (CL)<br>3:30 Phone Help with Brandon (AR) | 8:3<br>2:0 |
| **8 Daylight Savings**<br>10:00 Naples United Church of Christ Livestreaming (AR)<br>12:00-2:00 Sunday Brunch<br>1:30 Bridge, Rummikub & Assorted Games (CL)<br>2:00 Mah Jongg (GP)<br>4:00 Democratic Social (GP) | **9**<br>9:00 Men's Coffee (GP)<br>10:00 Grocery Shopping<br>10:30 Chair Yoga (GP)<br>12:30 Chorus Practice (AR)<br>1:30 Walmart Shopping<br>2:00 Travel Club (AR)<br>4:00 Trivia & Cocktails (Pool)<br>7:30 Movie (GP) | **10**<br>9:30 Aquacise<br>9:30 & 10:15 Tai Chi (AR)<br>10:00 Lifelong Learning Class (GP)<br>2:30 Great Decisions (GP)<br>7:15 Bingo (AR) | **11**<br>9:00 Putting on the Green<br>9:00 Ladies Coffee (GP)<br>10:30 Chair Yoga (GP)<br>4:00 This is Me, America Presentation! (GP) | 8<br>2:0 |
| **15**<br>10:00 Naples United Church of Christ Livestreaming (AR)<br>12:00-2:00 Sunday Brunch<br>1:30 Bridge, Rummikub & Assorted Games (CL)<br>2:00 Mah Jongg (GP) | **16**<br>9:00 Men's Coffee (GP)<br>10:00 Grocery Shopping<br>10:30 Chair Yoga (GP)<br>12:30 Chorus Practice (AR)<br>1:30 Aldi Shopping<br>2:00 Travel Club (AR)<br>7:30 Movie (GP) | **17 St. Patrick's Day**<br>9:30 Aquacise<br>9:30 & 10:15 Tai Chi (AR)<br>10:00 Lifelong Learning Class (GP)<br>1:00 Care Support (AR)<br>2:30 Great Decisions (GP)<br>5:30 St. Patrick's Day Management<br>7:15 No Bingo | **18**<br>9:00 Putting on the Green<br>9:00 Ladies Coffee (GP)<br>10:30 Chair Yoga (GP)<br>2:00 Gym Tutorial (Gym)<br>3:00 ATC Board Meeting (AR)<br>3:30 Phone Help with Brandon (AR) | 8<br>2:0 |
| **22**<br>10:00 Naples United Church of Christ Livestreaming (AR)<br>12:00-2:00 Sunday Brunch<br>1:30 Bridge, Rummikub & Assorted Games (CL)<br>2:00 Mah Jongg (GP) | **23**<br>9:00 Men's Coffee (GP)<br>10:00 Grocery Shopping<br>10:00 Catholic Mass (AR)<br>10:30 Chair Yoga (GP)<br>12:30 Chorus Practice (AR)<br>1:30 Walmart Shopping<br>2:00 Travel Club (AR)<br>7:30 Movie (GP) | **24**<br>9:30 Aquacise<br>9:30 & 10:15 Tai Chi (AR)<br>10:00 Lifelong Learning Class (GP)<br>2:30 Great Decisions (GP)<br>7:15 Bingo (AR) | **25**<br>9:00 Putting on the Green<br>9:00 Ladies Coffee (GP)<br>10:00 Tower Trace Annual Meeting (GP)<br>10:30 Chair Yoga (GP) | 8<br>10:<br>2:0 |
| **29**<br>10:00 Naples United Church of Christ Livestreaming (AR)<br>12:00-2:00 Sunday Brunch<br>1:30 Bridge, Rummikub & Assorted Games (CL)<br>2:00 Mah Jongg (TP) | **30**<br>9:00 Men's Coffee (GP)<br>10:00 Grocery Shopping<br>10:30 Chair Yoga (TP)<br>12:30 Chorus Practice (AR)<br>1:30 Trader Joe's Shopping<br>2:00 Travel Club (AR)<br>7:30 Movie (GP) | **31**<br>9:30 Aquacise<br>9:30 & 10:15 Tai Chi (AR)<br>10:00 Lifelong Learning Class (GP)<br>2:30 Great Decisions (GP)<br>7:15 Bingo (AR) | | |

# March 2026

TOWER POINTE AT ARBOR TRACE

ARBOR TRACE



| Thu | Fri | Sat |
|---|---|---|
| **5**<br>8:00 Pickleball<br>30 Blue Zones Walking Group<br>9:30 Aquacise<br>1:30 Open Art (TPL)<br>0 Lifelong Learning Class (GP)<br>5:30 Club Table (Colonnade) | **6**<br>9:00 Grocery Shopping<br>10:00 Bible Study (TPL)<br>10:30 Chair Yoga (GP)<br>10:30 Sailboat Regatta<br>10:30 Forever Fit (AR)<br>3:00 Bocce | **7**<br>8:00 Pickleball<br>1:30 Virtual Bowling (AR) |
| **12**<br>8:00 Pickleball<br>:30 Blue Zones Walking Group<br>9:30 Aquacise<br>1:30 Open Art (TPL)<br>00 Lifelong Learning Class (GP)<br>5:30 Club Table (Colonnade)<br>5:30 March Birthday Dinner | **13**<br>9:00 Grocery Shopping<br>10:00 Bible Study (TPL)<br>10:30 Chair Yoga (GP)<br>10:30 Sailboat Regatta<br>10:30 Forever Fit (AR)<br>10:45 Penny Pinchers<br>3:00 Bocce<br>7:15 Artis Naples | **14**<br>8:00 Pickleball<br>1:30 Virtual Bowling (AR)<br>3:00 Bocce<br>4:30 Them Uke Boys at Naples Senior Center |
| **19**<br>8:00 Pickleball<br>:30 Blue Zones Walking Group<br>9:30 Aquacise<br>12:00 ROMEO (Colonnade)<br>1:30 Open Art (TPL)<br>0 Lifelong Learning Class (GP)<br>5:30 Club Table (Colonnade) | **20 First Day of Spring**<br>9:00 Grocery Shopping<br>10:00 Bible Study (TPL)<br>10:30 Chair Yoga (GP)<br>10:30 Forever Fit (AR)<br>1:00 Book Club (GP)<br>3:00 Bocce<br>6:45 Artis Classics | **21**<br>8:00 Pickleball<br>1:30 Virtual Bowling (AR) |
| **26**<br>8:00 Pickleball<br>:30 Blue Zones Walking Group<br>9:30 Aquacise<br>00 Tower Pointe Board Mtg (GP)<br>1:30 Open Art (TP)<br>00 Lifelong Learning Class (GP)<br>5:30 Club Table (Colonnade) | **27**<br>9:00 Grocery Shopping<br>10:00 Bible Study (TPL)<br>10:30 Chair Yoga (GP)<br>10:30 Sailboat Regatta<br>10:30 Forever Fit (AR)<br>3:00 Bocce<br>6:45 Naples Players "9 to 5" | **28**<br>8:00 Pickleball<br>1:30 Virtual Bowling (AR) |
| | **Calendar Key**<br>(AR) Clubhouse Activity Room<br>(CL) Clubhouse<br>(GP) Gathering Place, Tower Pointe<br>(TP) Top of the Pointe Club | <br>Transportation to Tower Pointe activities is available from the Clubhouse. |

**Life Long Learning Program**

Tuesday, March 3rd 10am
*"Pre Columbian Civilizations"*

Thursday, March 5th 2pm
*"Famous Female French Impressionists"*

Tuesday, March 10th 10am
*"Keep It Moving, with Awareness"*

Thursday, March 12th 2pm
*"Local & State Coalitions Working together for Democracy"*

Tuesday, March 17th 10am
*"Our Nature Connection"*

Thursday, March 19th 2pm
*"Wine Tasting from Italy"*

Tuesday, March 24th 10am
*"What Happened to the Parties of Lincoln & FDR?"*

Thursday, March 26th 2pm
*"Growing up Jewish in Communist Budapest"*

Tuesday, March 31st 10am
*"Art & Architecture Venice"*

**Arbor Trace Board Meeting**
Wednesday, March 18th
3:00pm (Activity Room)

**Tower Pointe Board Meeting**
Thursday, March 26th
10:00 am (Gathering Place)

**Monday Night at the Movies**
**Gathering Place of Tower Pointe**
**7:30 pm**
**3/2-The American President (Romantic Comedy)**
**3/9-Dr. No 007 (Action)**
**3/16-Letters to Juliet (Drama)**
**3/23-Faith in the Flames (Drama)**
**3/30-Best in Show (Comedy)**




## Naples Players Trip

Join us as we head to downtown Naples for an uproarious and uplifting musical that will have you laughing, singing, and rooting for the underdogs! With Tony-nominated toe-tapping songs and unforgettable moments, *9 to 5 The Musical* is a celebration of friendship and resilience, and proves the power of standing up for what's right. We will depart for The Kizzie Theatre at The Naples Players at 6:45 p.m. Please sign up at the Clubhouse. Tickets are $48 per person for the show and will be billed to your account.

## St Patrick's Day



Celebrate St. Patrick's Day in style at our festive Cocktail Dinner and Dancing event on Tuesday, March 17th! Join friends and neighbors for an evening filled with delicious fare, spirited cocktails, and lively music that will keep you moving on the dance floor. Wear your favorite green attire and get ready for a bit of Irish cheer as we toast to good company, good fortune, and a wonderful night together. Don't miss this fun and spirited celebration!

## I CAN'T HEAR YOU!

We had 8 residents come for the first meeting of those who are hearing impaired! Our discussion ranged from types of hearing aids all the way to how frustrating and depressing it is to not hear well. Our next meeting is Wednesday, March 4 at 1:30 in the board meeting room in the Clubhouse. We meet the first Wednesday of every month. Questions? Ideas? Email me joanmillon6@gmail.com. See you March 4th. Joan Millon

## Chorus Resumes



Spring is in the air, and that means it's time for Chorus to begin rehearsals for our Spring Program! Join us Mondays at 12:30 PM in the Clubhouse starting March 2nd as we come together to make music and prepare for a wonderful seasonal performance. New singers are always welcome—no matter your experience level. Come lend your voice, enjoy great camaraderie, and be part of something uplifting this spring!

## Meet Dori Hobson




Dori arrived at Arbor Trace last October after hearing about our community from Nancy Nason and others whom she met through Naples' community organizations. She moved into the Tower needing space to house her large collection of hand-made items with help from her brother, sister-in-law, and friends. As to the move, Dorie said, "I like it here. It's a big change from my Naples condo but it's beginning to feel more like home."
Dori grew up in Cedar Rapids, Iowa, an industrial town and graduated from Stephens Junior College majoring in Liberal Arts. She married in 1958 and worked as a key punch operator for several years before having a family. A daughter and a son continue to live in Cedar Rapids while a daughter is in Ft. Wayne, Indiana. Divorced in 1980, Dori was happy five years later to leave the cold Iowa winters and live in Ft. Lauderdale, Florida, where her parents had settled. She lived nearby in an RV for two years. Dori then moved to Naples, had numerous residences including Naples Cay living in a large four-bedroom condo before moving here.
Dori loves to sew. She used to make all her own clothes and enjoyed knitting and crocheting. Now she concentrates on making pillows, purses, tapestries, and other items. Dori started sewing at a young age making doll clothes on her mother's '39 Feather weight Singer machine, still in use by a daughter who quilts.
Dorie is also a boater. She and her husband had a houseboat on the Mississippi River and her dad was an enthusiast holding positions in the Ft. Lauderdale Power Squadron as Commander, District Commander, and then educational chair on the national level. She continues her interest in boating here as a member of the Naples Power Squadron and is also a supporter of the annual fund raiser for the Shelter for Abused Women and Children in Naples. One is coming up soon which she plans to attend. Also on her calendar is a two-day sewing event sponsored by Flash Sew and Quilt.
A warm welcome to Dori Hobson.

By Shirley Woolaway











Valentine's Day
Happy Valentine's Day



Be Mine
Kiss me
True Love




THE BOOK CORNER: The Tower Pointe Library is a busy place this month. Due to the renovation, a number of committees and activity groups are meeting there. Feel free to drop books in the basket by the door; if you need to come in, please be quiet and respectful. In April we will be back to normal. Want to play games? The TP Library is the perfect spot. There are games stored in one of the white cabinets or bring your own. Scrabble is already a regular; how about some Rummikub, Mexican Train Dominoes or ??? March Book Discussion: All residents (and their guests) welcome!! The March selection is "Heartwood" by Amity Gage. Friday, March 20, 1:00 pm in the Tower Gathering Place. Questions? Contact Karen Sexton or Sandy Steinbach. April and May Book Discussions; In April we'll be reading "Remarkably Bright Creatures" by Shelby VanPelt and in May "The Kitchen House" by Kathleen Grissom. Our Clubhouse and Tower Pointe Libraries are gems. If you haven't checked them out, we urge you to drop by—and stay a while—Karen Sexton

## ROMEO

Romeo is a social group created specifically for the men in our community, to provide a great opportunity to gather, share great conversations, and build lasting friendships, all while enjoying delicious meals together. All men are invited to join for lunch on Thursday, March 19th at 12:00 p.m., in the Colonnade Dining Room. So men, mark you calendar and make sure to plan to attend for what promises to be a wonderful afternoon filled with great food and camaraderie. Please be sure to sign up with Fe at the Clubhouse to reserve your spot and help us ensure a smooth event. We look forward to seeing you there!




**Ukelele Outing**

Residents are warmly invited to join a wonderful evening of music and fun on Saturday, March 14th, with luxury bus transportation to the Naples Senior Center for a special concert event. We'll depart at 4:30 p.m. for a relaxing ride before enjoying a champagne reception at the beginning of the evening, followed by performances by Them Uke Boys and Uke 66. This promises to be a lively outing filled with great music, laughter, and good company. The cost is $35 per person and will be billed directly to your resident account. Come along for a fun evening out and make memories with friends and neighbors — we hope you'll join us! Sign up at the Clubhouse to reserve your seat!

**Save the Date April 15—**
**Arbor Pointe Foundation Gala**



## Bocce

After a great refresher class in February, we are excited to see everyone enjoying the Bocce Court. If you have guests visiting, please check out the equipment at the Front Desk at the Clubhouse anytime, otherwise join us for some weekly competition on Saturdays at 3:00 p.m.



## Support the Arbor Pointe Foundation – Caring for Those Who Care for Us

The Arbor Pointe Foundation is a 501(c)(3) nonprofit organization dedicated to supporting the employees of Arbor Trace during times of unexpected hardship. Through confidential financial assistance, the Foundation helps team members facing unforeseen challenges such as medical emergencies, family crises, or other significant life events. It is a meaningful way for our community to care for the dedicated individuals who serve our residents each day.

There are several ways to give. Residents may make a one-time donation, set up recurring contributions, or include the Foundation as part of a planned gift. Every contribution—large or small—goes directly toward assisting employees in need and strengthening the Arbor Trace community as a whole.

Your generosity makes a tangible difference and reflects the spirit of compassion that defines Arbor Trace.

**Arbor Trace Revue—March 2026 Edition**
**Editor...**Jennifer Whitten & Sandy Steinbach
**Publisher**...Jennifer Whitten
**Calendar of Events**...Sandy Steinbach
**Contributors to this edition**… Karen Sexton, Joan Millon, Shirley Woolaway
**Please visit www.arbortrace.com**