ARBOR TRACE
TOWER POINTE
AT ARBOR TRACE

The Arbor Trace Revue

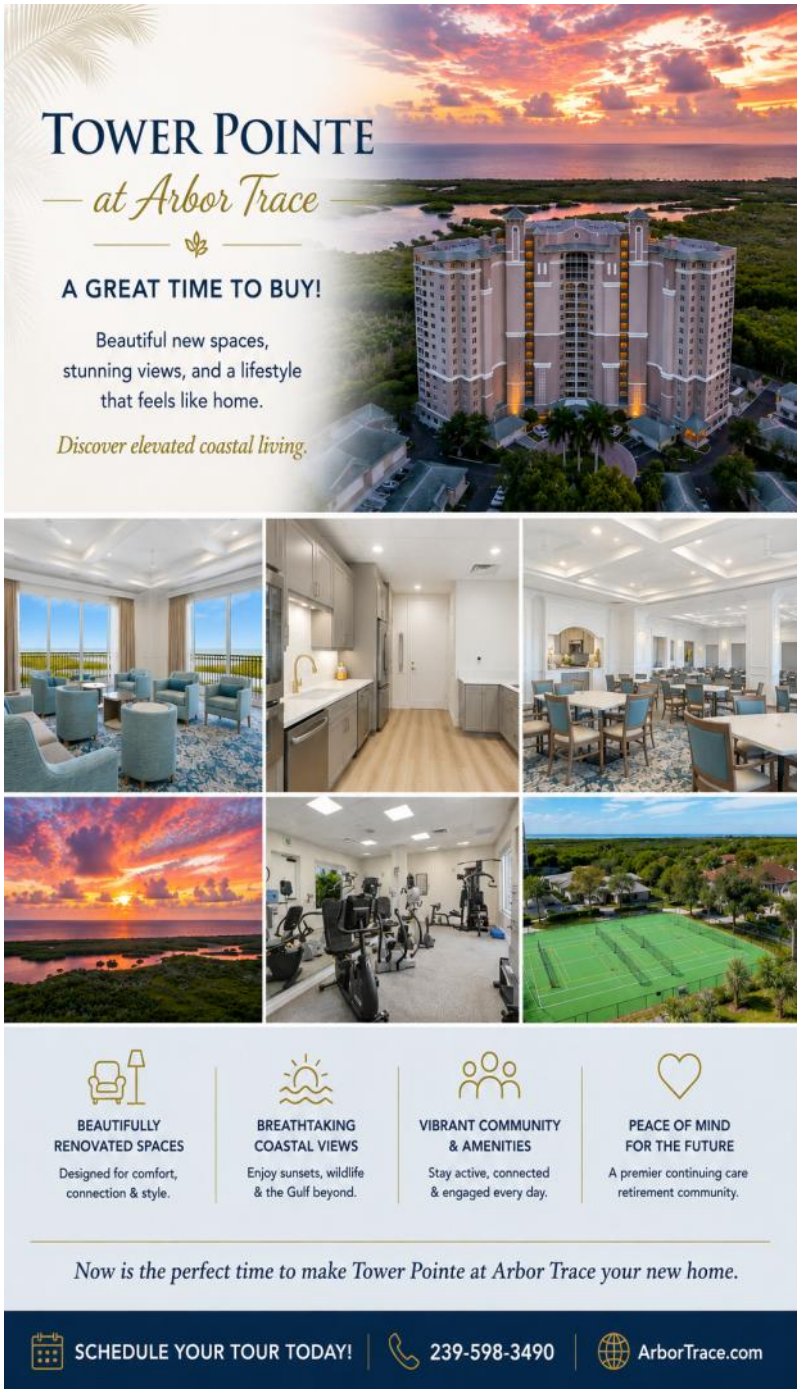
July 2026 Edition- 1000 Arbor Lake Dr. Naples, FL 34110 (239) 598-2929





4th of July festivities in honor of the upcoming 250th Anniversary of America: enjoy a special music presentation in the Top of the Pointe on Wednesday, July 1st at 4:00 p.m. by the Arbor Lake Chorus. All are invited!

We will host "This is Me, America" in the Gathering Place on Friday, July 3rd at 4:00 p.m. Come hear from your peers as we learn more about American Identity and the Diverse Heritage that has shaped our lives. On the 4th of July, resident Bob Gordon kicks things off at 11:30 a.m. in the Clubhouse Lobby with some festive music, followed by the Lois Kehoe Band during our annual 4th of July lunch in the Dining Room. Please make reservations in advance by calling the Dining Room. The dress code is relaxed for this event so make sure to put on your red, white and blue as we celebrate our 250th birthday as a nation.



Notes from the Director:



As we settle into the heart of summer, I am reminded of how fortunate we are to call Arbor Trace home. While the season often brings travel plans, visits with family, and opportunities to escape the Florida heat, it also offers a chance to slow down, reconnect, and appreciate the many things that make our community so special.

One of the greatest joys of serving as Executive Director is witnessing the vibrant lifestyle and strong sense of community that define Arbor Trace. Whether it's friends gathering for lunch, participating in activities, volunteering, or simply visiting with neighbors, it is the people who live and work here that make Arbor Trace such a remarkable place. This June marked my fourth year as Executive Director, and I remain deeply honored to serve this community. Having spent nearly 24 years at Arbor Trace, I have had the privilege of watching our community grow while remaining true to the values that make it so special.

The warmth, engagement, and spirit of our residents continue to inspire me every day. I am equally grateful for the dedicated employees who help make Arbor Trace such a welcoming place. Many members of our team have devoted ten, fifteen, twenty years, and even longer to serving our residents. Their experience, compassion, and commitment are evident in everything they do. From dining and housekeeping to maintenance, nursing, administration, and resident services, our staff works tirelessly behind the scenes to ensure Arbor Trace continues to provide the exceptional lifestyle our residents deserve. As our community continues to grow, we are also pleased to welcome several new team members who have joined us this year. Their enthusiasm and fresh perspectives complement the experience of our long-tenured employees and strengthen our ability to serve residents well into the future.

Summer is often one of the busiest seasons for improvement projects throughout the community. While many residents are traveling, our teams use this time to complete maintenance work, enhance common areas, and plan for future improvements. These efforts help ensure that Arbor Trace remains beautiful, safe, and well-maintained for everyone who calls it home. Of course, summer also means hurricane season. Our management and maintenance teams have spent the past several weeks reviewing emergency procedures, updating preparedness plans, inspecting equipment, and ensuring supplies are available should they ever be needed. While we hope for a quiet season, preparedness remains an important responsibility, and we will continue to keep residents informed throughout the summer months.

I encourage everyone to take advantage of the many opportunities available throughout campus this season. Attend a concert, join a fitness class, try a new activity, invite a neighbor to dinner, or simply spend some time enjoying our beautiful grounds. The friendships and connections formed here are among the greatest benefits of community living and contribute greatly to the quality of life we all enjoy.

Arbor Trace has long been one of Naples' best-kept secrets. The independent spirit of our residents, the dedication of our staff, and the genuine sense of belonging found throughout the community are what make this such a special place. If you have friends or family who may be interested in learning more about life at Arbor Trace, I encourage you to share your experiences with them. There is no better ambassador for our community than the residents who live here every day.

We also welcome resident contributions to future newsletters. If you enjoy writing, photography, traveling, volunteering, or have an interesting story or experience you'd like to share, we would love to hear from you. The newsletter is a wonderful way to celebrate the people and experiences that make our community unique.

Thank you for your continued support, involvement, and commitment to Arbor Trace. Together, we continue to build a community that is welcoming, engaging, and enriching for all who live here.

I wish you a safe, healthy, and enjoyable summer.

Warm regards,

Jennifer Whitten
Executive Director



In Remembrance:

Linda Scheinberg

Sue Basinger



July Calendar Notes

Exercise Opportunities

*Forever Fit on Fridays at 10:30 a.m. in the Clubhouse Dance Floor. Come join us for one hour sitting/standing total body work out with weights and resistance bands
*Tai Chi Tuesday/Saturday mornings in the Clubhouse Activity Room
*Sandy's Exercise/Chair Yoga on Channel 99 available anytime
*Chair Yoga M/W/F at 10:30 a.m. in the Tower Gathering Place
*Tuesday/Thursday 9:30am Aquacise at the Swimming Pool (weather permitting)
*Pickleball Tuesdays/Thursdays/Saturdays at 8:00 a.m. Call Jim Brock about lessons
*The Blue Zones Walking Group meets every Thursday & Saturday at 8:30 a.m. in front of the Clubhouse to walk
*The Gym at Tower Pointe is open to all residents and their guests

Men are welcome to join the weekly 9:00 a.m. Monday morning for coffee in the Gathering Place. Ladies, join us at 9:00 a.m. each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

The Care Support Group meets twice a month at 1 p.m. in the Clubhouse Conference Room the first and third Tuesday. Any resident is welcome to join the group for support.

At 4:00 p.m. every Monday, meet at the Activity Room during the heat of the summer for Trivia and Cocktails. BYOB and enjoy the beautiful weather and your neighbors.

Enjoy some great Lifelong Learning classes hosted at the Tower Gathering Place on Tuesday mornings at 10:00 a.m. and Thursday afternoons at 2:00 p.m. in July. See insert for details!

If you need help using your cell phone, Brandon continues his volunteer help on Tuesday, July 7th and 21st at 3:30 p.m. Sign up at the Clubhouse for a spot!

In honor of the upcoming 250th Anniversary of America, enjoy a special music presentation in the Top of the Pointe on Wednesday, July 1st at 4:00 p.m. by the Arbor Lake Chorus. All are invited!
We will host "This is Me, America" in the Gathering Place on Friday, July 3rd at 4:00 p.m.
On the 4th of July, resident Bob Gordon kicks things off at 11:30 a.m. in the Clubhouse Lobby with some festive music, followed by the Lois Kehoe Band during our annual 4th of July lunch in the Dining Room. Please make reservations in advance by calling the Dining Room. The dress code is relaxed for this event so make sure to put on your red, white and blue as we celebrate out 250th birthday as a nation.

We will celebrate all residents with a July birthday at 5:30 p.m. in Colonnade on Thursday, July 9th. RSVP to Fe at the Clubhouse. The resident's birthday meal is complimentary!

Jump on the bus on Friday, July 10th at 9:15 a.m. as we take a ride to Babcock Ranch to enjoy a swamp buggy (on an open-air bus) eco tour through their working cattle ranch and wildlife area. Sign up at the Clubhouse for a spot on the bus. After the tour we will enjoy lunch at the casual Babcock Ranch Restaurant. Cost is $24 per person for tour and bring money for lunch.

The July "White Night" Management Party will take place on Wednesday, July 15th at 5:30 p.m. in the Colonnade Dining Room. Grab your friends, put on your white attire and make your reservations now by calling 239-438-4668. Come enjoy a fun evening with Orlando Phillips providing the wonderful steel drum sounds.

Come join crochet with Cheryl at the Clubhouse for a session in the Game Room at 1:30 p.m. on July 9th and 22nd.

The Book Club meets in the Gathering Place, at 1p.m. on Friday, July 17th so come and join the group to discuss this month's book.

Religious activities are available: Wednesday, July 8th at 10:00 a.m. for the Episcopal service. Catholic Mass will be at 10:00 am on Monday, July 27th. Bible Study continues this month on Fridays at 10:00 a.m. in the Gathering Place.

The Arbor Trace Condo Association will meet at 3:00 p.m. on July 22nd in the Clubhouse Activity Room for their monthly meeting.
The Tower Pointe Condo Association will have their monthly meeting on Thursday, July 30th at 10 a.m. in the Gathering Place.

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BIRTHDAY HAPPENINGS:

1st-Maria Beebe
1st-David Lotz
2nd-Cynthia Houde
2nd-Heidi Stryker (100!)
4th-Lynn Stiles
4th-Vivian Patterson
6th-Dahlia Penachio
8th-Joseph Harnett
11th-Jim Brock
15th-Betty Christensen
15th-Rick Erickson
15th-Felipe Rios
16th-Peter Burwell
17th-Donna Smith
18th-Jean Fletcher
18th-Judi Mudarri
18th-Darlyene Yarian
20th-John Hilkene
21st-Joanne Bellon
23rd-Susan Hansen
23rd-Kate Wilde
26th-Lorraine Gill
26th-Sandy Anderson
30th-Christa Orlikoff
31st-Carol Eigel

Sun	Mon	Tue	Wed	
Calendar Key (AR) Clubhouse Activity Room (CL) Clubhouse (GP) Gathering Place, Tower Pointe (TP) Top of the Pointe Club			**1** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP) 4:00 Arbor Lake Chorus Performs Patriotic! (TP)	8:30 2 5:
5 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	**6** 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (GP) 1:30 Kohl's Shopping 2:00 Travel Club (AR) 7:30 Movie (GP)	**7** 8:00 Pickleball 9:30 Aquacise 9:30 Tai Chi (AR) 1:00 Dr. Teitelbaum (Salon) 1:00 Care Support (AR) 3:30 Cell Phone Help (CL) 7:15 Bingo (AR)	**8** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:00 Episcopal Service (CL) 10:30 Chair Yoga (GP) 2:00 Gym Walk Through	8:30 1 5:
12 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP) 4:30 Democratic Social Group (GP)	**13** 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (GP) 1:30 Walmart Shopping 2:00 Travel Club (AR) 7:30 Movie (GP)	**14** 8:00 Pickleball 9:30 Aquacise 9:30 Tai Chi (AR) 10:00 Life Long Learning (GP) 7:15 Bingo (AR)	**15** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP) 5:30 "White Night" July Management Party (Colonnade)	8:30 2:
19 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	**20** 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (GP) 1:30 Beall's Shopping 2:00 Travel Club (AR) 7:30 Movie (GP)	**21** 8:00 Pickleball 9:30 Aquacise 9:30 Tai Chi (AR) 10:00 Life Long Learning (GP) 1:00 Care Support (AR) 3:30 Cell Phone Help (CL) 7:15 Bingo (AR)	**22** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP) 1:30 Crochet w/Cheryl (CL) 3:00 ATC Board Meeting (AR)	8:30 2 5
26 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	**27** 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:00 Catholic Mass (AR) 10:30 Chair Yoga (GP) 1:30 Walmart Shopping 2:00 Travel Club (AR) 7:30 Movie (GP)	**28** 8:00 Pickleball 9:30 Aquacise 9:30 Tai Chi (AR) 10:00 Life Long Learning (GP) 7:15 Bingo (AR)	**29** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP)	8:30 10:00 2: 5:

July 2026

TOWER POINTE AT ARBOR TRACE

ARBOR TRACE

Thu	Fri	Sat
2 8:00 Pickleball 0 Blue Zones Walking Group 9:30 Aquacise :00 Lifelong Learning (GP) 30 Club Table (Colonnade)	**3** 9:00 No Grocery Shopping 10:00 Bible Study (TPL) 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 4:00 This is Me, America (GP)	**4 Independence Day** **250th!!!** 8:00 Pickleball 10:45 Tai Chi (AR) 11:30 Bob Sings! (CL) 12:00 4th of July Lunch (Colonnade)
9 8:00 Pickleball 0 Blue Zones Walking Group 9:30 Aquacise :30 Crochet w/Cheryl (CL) 30 Club Table (Colonnade) 5:30 July Birthday Dinner (Colonnade)	**10** 9:00 No Grocery Shopping 9:15 Babcock Ranch Tour 10:00 Bible Study (TPL) 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR)	**11** 8:00 Pickleball 10:45 Tai Chi (AR)
16 8:00 Pickleball 0 Blue Zones Walking Group 9:30 Aquacise 00 Life Long Learning (GP)	**17** 9:00 Grocery Shopping 10:00 Bible Study (TPL) 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 1:00 Book Club (TP)	**18** 8:00 Pickleball 10:45 Tai Chi (AR)
23 8:00 Pickleball 0 Blue Zones Walking Group 9:30 Aquacise :00 Life Long Learning (GP) :30 Club Table (Colonnade)	**24** 9:00 Grocery Shopping 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 10:45 Penny Pinchers	**25** 8:00 Pickleball 10:45 Tai Chi (AR)
30 8:00 Pickleball 0 Blue Zones Walking Group 9:30 Aquacise 0 Tower Pointe Board Mtg (GP) 00 Life Long Learning (GP) 30 Club Table (Colonnade)	**31** 9:00 Grocery Shopping 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR)	 Transportation to Tower Pointe activities is available from the Clubhouse.

Life Long Learning Program

Thursday, July 2nd 2 pm
"Local Real Life Mysteries "

Thursday, July 9th 2 pm
"Get Ready to Vote in August Primaries"

Tuesday, July 14th 10 am
"Education, Economics, & Opportunity in America"

Thursday, July 16th 2 pm
"iPhone Skills for Everyday Use"

Tuesday, July 21st 10 am
"All-American White Wines"

Thursday, July 23rd 2 pm
"Tom Winkler, Solo Guitar"

Tuesday, July 28th 10 am
"What You Need to Know About Your Germs"

Thursday, July 30th 2 pm
"Keep It Moving!"

Monday Night at the Movies
Gathering Place of Tower Pointe
7:30 pm

7/6-Operation Mincemeat (Spies/ Drama)
7/13-Golda (Docu Drama)
7/20-And So It Goes (Rom Com)
7/23-Father of the Bride (Rom Com)
7/27-The Choral (Drama)

Arbor Trace Board Meeting
Wednesday, July 22nd
3:00 pm (Activity Room)

Tower Pointe Board Meeting
Thursday, July 30th
10:00 am (Gathering Place)

Meet Newcomer Bob Gordon



Bob Gordon had been living at Forest Glen Country Club where he was an avid golfer when his daughter who lives nearby suggested Arbor Trace to him. He had a 10 handicap and had made two holes in one on their course. But Bob left all that and moved into Building Two in May bringing his karaoke machine with him. It was karaoke that launched him on a new career as a singer. He has already entertained in the Clubhouse lobby and at the Glen. He'll also be singing for all who attend the July 4 program. Bob came from a musical family with his dad playing a left -handed guitar and mandolin, he and his brother, saxophones and an uncle, the banjo. He has sung recently at the Arlington and the Baker Senior Center.

Bob grew up in Philadelphia where his family has had roots since 1883. He graduated from Hillsdale High where he was known as Rocky and played alto sax in the dance and marching band. After graduation with money scarce Bob went to work in sales with Goodyear Rubber until becoming their number one salesman. He then joined his late wife, Betty, in 1971 who was already working in real estate. Bob became a state certified mediator in real estate and continued working in it, eventually with Re/Max as an associate retiring in 2021 after 50 years in the real estate business. During that time, he also had a radio show, *Real Estate Today with Bob Gordon*. He continues to do occasional podcasts with his daughter, Karen, an occupational therapist. His son, Craig who studied law at the U. of Chicago where he once had Barack Obama as a teacher, later became chief of all paramedics in San Francisco.

Bob's modular home company, Gordon Builders LLC had two franchise offices until he sold them in 1997. He is a 32nd degree Mason as were his dad, an uncle, and cousin. In his twenties he became a professional windmill (fast) softball pitcher who would often get multiple strikeouts at a time. Now after a rotator cuff injury and an operation to fuse his right ankle his pursuits are less physically demanding. He enjoys the men's coffee here, expects to take in the field trips for Broadway shows and start Bible Study. Welcome to troubadour, Bob Gordon. By Shirley Woolaway

Babcock Ranch Tour

Join us for an outing where history and wildlife come together! We will depart Arbor Trace at 9:15 a.m. and then take a 90 minute tour through the natural wildlife of historic Babcock Ranch. We will also travel through the Crescent B Ranch, a working cattle rach with over 14,000 acres in pasture land and learn its history. Afterwards we will enjoy a casual lunch on property before returning to Arbor Trace. Sign up at the Clubhouse. The cost for the tour is $24 per person, which will be billed to your account. Bring money for lunch



White Night Dinner Dance

Get ready for an unforgettable evening of elegance, music, and fun at our White Night Dinner Dance in the Colonnade Dining Room! Gather with friends and neighbors for a festive night featuring a delicious dinner, dancing, drinks, and plenty of laughter. Whether you're hitting the dance floor or simply enjoying great conversation and entertainment, White Night promises to be a wonderful evening for all. To add to the excitement, guests are encouraged to wear something white and join in the spirit of this special event. Reservations are required, so be sure to reserve your seat today by calling the Dining Room at 239-438-4668. Don't miss this chance to celebrate friendship, enjoy a fantastic meal, and create lasting memories at White Night!

Food Drive

Summer is a challenging time for many local families. With children home from school, the demand for food assistance increases significantly, placing an even greater strain on community resources. That's why we're partnering with Café of Life for a Summer Food Drive to help ensure that no child goes hungry during the summer. We invite residents to join us in supporting this important cause by donating non-perishable items. Every donation, no matter the size, helps provide meals and nourishment to families in need right here in our local community. Suggested items are peanut butter, canned fruits and vegetables, pasta, rice, canned proteins, and diapers. Together we can make a meaningful difference for families when they need it most. Thank you in advance for your generosity and support of Café of Life and the vital work they do throughout the year. You can find donation boxes in the Clubhouse Lobby and Tower mail room July 1-15.











Summer Cleaning

Whether you're heading out for a weekend getaway, an extended summer trip, or spending time away from Arbor Trace, a little preparation can help keep your condo fresh while you're gone.
Before leaving, consider:

- Cleaning out your refrigerator and removing perishable foods
- Emptying trash containers
- Checking pantry items that may spoil or attract pests
- Running the dishwasher and removing any food from sinks or disposals

Need a helping hand? Housekeeping services are available, including:

- One-time cleaning
- Deep cleaning
- Regular housekeeping service
- Pre-arrival or post-travel cleaning

To schedule housekeeping services, please contact **Nino's Cleaning Service** at **239-438-4681**.
A little planning before you leave can make returning home even more enjoyable!



Make a Splash with Aquacise!

As the weather warms up, there's no better way to stay active and cool than Aquacise with Sandy!

Join Sandy every **Tuesday and Thursday at 9:30 a.m.** for a fun, low-impact water workout that's great for improving strength, flexibility, balance, and cardiovascular health. Whether you're a seasoned participant or trying it for the first time, Aquacise is suitable for all fitness levels and is easy on the joints.



THE BOOK CORNER: Clubhouse Library Needs Help! Do you like books and have a few hours to spare? Contact Peggy Cushman to volunteer. This doesn't involve a lot of time—you'll shelve books and generally keep the library neat and inviting. Once you get started you'll find it's easy and a number of us working in the two libraries think you'll also have fun. **July Book Discussion:** "The Berry Pickers" by Amanda Peter. The story begins with the disappearance of a Mi'Kmaq girl—a mystery that remains unsolved for fifty years—and the impact on her family. The discussion is on Friday, July 17 at 1:00 p.m. in the Tower Gathering Place. Need a book or have questions? Contact Karen Sexton or Sandy Steinbach. **Looking ahead to the August discussion:** "The Martha's Vineyeard Beach and Book Club" by Martha Kelly **And in September: t**he annual meeting when we vote for our reading choices for the next 12 months. So, we need your suggestions (basket in TP Library or Sexton folder) and invite you to join us as we discuss all suggestions before voting. **Magazines and Newspapers:** Thank you for your donations—more always welcomed and appreciated by all our residents.

AMERICAN LAB

American Lab

American Lab is dedicated to providing reliable, timely, and professional laboratory services to physicians, nurses, and healthcare providers to support the best possible patient care.
For your convenience, American Lab offers on-site blood draws and specimen collection services tailored to your individual needs. With early morning appointments available right here in the community, you can complete your laboratory testing without leaving campus.
To schedule an appointment or learn more, call the Clubhouse 239-598-2929

Tech Help with Brandon



Need help with your smartphone, tablet, or laptop? Join Brandon for personalized technology assistance on Monday, July 7 and Monday, July 21 at 3:30 PM in the Conference Room.

Whether you're trying to learn a new feature, organize photos, connect to Wi-Fi, troubleshoot an issue, download an app, or simply become more comfortable using your device, Brandon is available to help. Assistance is available for smartphones, tablets, and laptops, and all skill levels are welcome.

Technology is constantly changing, and there is always something new to learn. This is a great opportunity to get your questions answered in a relaxed and friendly setting. Space is limited. Please call the Clubhouse to reserve your spot.

CAM Corner – Community Project Update

Several major improvement projects continue to move forward throughout the community as we invest in the long-term beauty, functionality, and value of Arbor Trace.

Tower Pointe Roof Replacement
Roof replacement work at Tower Pointe continues to progress steadily. During the latest engineering inspection, crews completed tear-off and dry-in operations on portions of the upper roof and began installation of the new vapor barrier system. Previously identified areas requiring correction were addressed, and additional roofing materials, including the new Pacific Grey metal roofing system, have been delivered to the site. The project remains on track and is being closely monitored through ongoing engineering inspections.

Buildings 2 & 9 Renovations
Planning and preparation continue for the extensive renovation of Buildings 2 and 9. Residents will soon begin seeing progress toward new flooring, updated elevator lobbies, refreshed community rooms, new furnishings, artwork, and accessories throughout both buildings. These enhancements are designed to create a fresh, welcoming environment while maintaining the character and comfort residents enjoy.

Villa Landscaping Enhancements
Landscape improvements throughout the Villa neighborhood continue as part of our ongoing beautification efforts. Work includes the installation of new plant materials, enhancements to landscape beds, and improvements intended to create a more attractive and sustainable landscape throughout the community.

Tree Trimming Program
Our annual tree trimming program is underway to improve the health and appearance of our trees while reducing storm-related risks. Regular maintenance helps protect buildings, sidewalks, and roadways while preserving the mature canopy that contributes so much to Arbor Trace's natural beauty.
Thank you for your patience and support as these projects move forward. These investments help ensure Arbor Trace remains a beautiful, safe, and desirable community for years to come. - Jennifer Whitten, LCAM

Arbor Trace Revue—July 2026 Edition
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