SEPTEMBER
2026

THE ARBOR TRACE REVUE

ARBOR TRACE OF NAPLES

Community News ● Events ● Life at Arbor Trace



Ideally located west of US 41,
just north of *Kalea Bay.*



Come Curious. Leave Inspired.

Enjoy a delicious lunch while getting to know our community, meeting our residents, and discovering what makes life at Arbor Trace so engaging.

SCHEDULE YOUR
PRIVATE TOUR *Today!*
239.598.3490 ArborTrace.com

1000 ARBOR LAKE DRIVE • NAPLES, FL | SALES@ARBORTRACENAPLES.COM



More Than a Meal

Dining at Arbor Trace brings good food, familiar faces, and community together.

There is something special about sharing a meal with friends—and at Arbor Trace, dining is about much more than what is on the plate.

Our Dining Room is a place to gather, catch up with neighbors, celebrate special occasions, and enjoy a delicious meal without ever leaving the community. Whether residents are joining friends for dinner, stopping in for a favorite menu item, or attending one of our special dining events, the table has a way of bringing people together.

Behind every meal is our dedicated culinary and dining team, working to create an experience that is welcoming, enjoyable, and full of variety. From familiar favorites to seasonal selections and special menus, there is always something to look forward to.

Most importantly, the Dining Room is another place where the Arbor Trace community comes to life. Conversations linger a little longer, friendships grow, and a simple dinner can become one of the best parts of the day.

Come hungry. Leave connected.

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Notes from the Director: Navigating Your Questions and Concerns



In order to serve you best, it's important to reach out to the right person for your needs. Below is a quick guide:

- **Food & Dining** – Ethel can assist with menu questions, dining options, or special dietary requests.
- **Condo Matters** – Jennifer is your contact for building, property, or association-related concerns.
- **Financial Questions** – Perry can help with billing, accounts, or other financial issues.
- **Health & Wellness** – Colleen is available for health-related concerns and support services.
- **Transportation & Activities** – Sandy can arrange transportation and help with leisure or social programs.
- **Maintenance** – Joe is the person to contact for issues or anything needing attention in your home. Work orders go through the front desks.
- **Sales & Real Estate** – Anya is your point of contact for buying, selling, or real estate questions.
- **Housekeeping** – Ninos oversees cleaning services and housekeeping needs.
- **Employee/Staffing** – Debra manages employee concerns or personnel-related matters.

Our Concierge and Reception team are always happy to guide you, and put in maintenance work orders but may not be able to resolve every issue directly. By contacting the right person, you'll ensure faster, more accurate service.

If you have a sensitive concern or something that isn't being addressed, please feel free to bring it directly to me. We are committed to providing the highest standard of service for our residents.

Best,
Jennifer Whitten
Executive Director



In Remembrance:

Agnes Kanner
Joe Scott

SEPTEMBER CALENDAR NOTES

Exercise Opportunities

*Forever Fit on Fridays at 10:30 a.m. in the Clubhouse Activity Room. Come join us for one hour sitting/standing total body work out with weights and resistance bands
*Tai Chi Tuesday & Saturday mornings in the Clubhouse Activity Room at 9:30 a.m.
*Sandy's Exercise/Chair Yoga on Channel 99 available anytime
*Chair Yoga M/W/F at 10:30 a.m. in the Tower Gathering Place
*Tuesday/Thursday 9:30 a.m. Aquacise at the Swimming Pool (weather permitting)

Men are welcome to join the weekly 9:00 a.m. Monday morning for coffee in the Gathering Place. Ladies, join us at 9:00 a.m. each Wednesday morning for a time of coffee, tea, and conversation in the Gathering Place. Come meet new friends!

The Care Support Group meets twice a month at 1:00 p.m. in the Clubhouse Conference Room the first and third Tuesday. Any resident is welcome to join the group for support.

At 4:00 p.m. every Monday, meet at the Pool (Clubhouse Activity Room as alternate) for Trivia and Cocktails. BYOB and enjoy the beautiful weather and your neighbors.

Join us for a picnic buffet luncheon on Monday, September 7th as we celebrate Labor Day. Enjoy a relaxed dress code and please make reservations now with the Dining Room.

We will celebrate all residents with a September birthday at 5:30 p.m. in The Colonnade on Thursday, September 10th. RSVP to Fe at the Clubhouse. The resident's birthday meal is complimentary!

The September Management Party is on Wednesday, September 16th at 5:30 p.m. in the Colonnade Dining Room. Grab your friends and make your reservations now by calling 239-438-4668. Come enjoy a fun evening of dinner, dancing and community spirit.

Come Crochet with Cheryl at the Clubhouse for a session in the Clubhouse Game Room at 1:30 p.m. on September 10th & 23rd.

The Book Club meets in the Gathering Place, at 1p.m. on Friday, September 18th so come and join the group to discuss this month's book. Later at 4:00 p.m. the Lois Kehoe trio will be performing on the 17th floor some of the wonderful Broadway Tunes you know and love. Come join us to sing along to your favorites and enjoy refreshments.

Fred Katz will be returning this month with his great music lectures on Thursday, September 10th & 24th at 2:00 p.m. in the Gathering Place. Speaker Sandy Parker will be in the Gathering Place on Tuesday, September 15th at 10:00 a.m. to review the offices and candidates, proposed amendments to the Florida constitution and any proposed local referenda that will be on the ballot. With absentee ballots being mailed at the end of September, it's the perfect time to come get informed!

The Sales office is hosting a Lunch & Learn event on Thursday, September 24th at noon in the Colonnade. Invite a friend you would love to see move here and RSVP to the Sales office.

Religious activities are available: Wednesday, September 2nd at 10:00 a.m. for the Episcopal service. Catholic Mass will be at 10:00 am on Monday, September 28th. Bible Study resumes Friday mornings at 10:00 a.m. in the Tower Pointe Library starting September 18th.

The Arbor Trace Condo Association will meet at 3:00 p.m. on Wednesday, September 16th in the Clubhouse Activity Room for their monthly meeting.
The Tower Pointe Condo Association will have their monthly meeting on Thursday, September 24th at 10 a.m. in the Gathering Place.



BIRTHDAY HAPPENINGS:

2nd Fran Barrier
2nd Barbara Goff
2nd Sue Maccarone
2nd Dieter Mahlstedt
2nd Karen Marrale
4th Barbara Smith
5th Nan Porco
6th Pat Cummins
7th Bonnie Lechtner
8th Rose Galletta
8th Kristi Petitpren
9th Ann Marie
Banhagel
11th Lorna O'Hara
11th Steve Sullivan
12th Bill Kurzenberger
18th Karen Sexton
26th Marty Carson
26th Mike Clukey

ARBOR TRACE OF NAPLES

Sun	Mon	Tue	Wed	
		1 8:00 Pickleball 9:30 Aquasize 1:00 Care Support (CL) 1:00 Dr. Teitelbaum (Salon) 7:15 Bingo (AR)	**2** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:00 Episcopalian Service (AR) 10:30 Chair Yoga (GP)	3:0 5
6 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	**7** **Labor Day** 9:00 Men's Coffee (GP) 10:30 Chair Yoga (GP) 12:00 Labor Day Lunch (Colonnade) 7:30 No Movie	**8** 8:00 Pickleball 9:30 Aquasize 9:30 Tai Chi (AR) 7:15 Bingo (AR)	**9** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP)	3: 5
13 Grandparents Day 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP) 4:30 Democratic Social Group (GP)	**14** 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (GP) 12:30 Chorus Practice (TP) 2:00 Travel Club (GP) 1:30 Walmart Shopping 4:00 Trivia & Cocktails (Pool) 7:30 Movie (GP)	**15** 8:00 Pickleball 9:30 Aquasize 9:30 Tai Chi (AR) 10:00 Sandy Parker Presents (GP) 1:00 Care Support (CL) 7:15 Bingo (AR)	**16** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP) 3:00 Arbor Trace Board Meeting (AR) 5:30 September Management Party (CL)	3:0 5
20 Yom Kippur Begins 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	**21** 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:30 Chair Yoga (GP) 12:30 Chorus Practice (TP) 2:00 Travel Club (GP) 1:30 Beall's Shopping 4:00 Trivia & Cocktails (Pool) 7:30 Movie (GP)	**22** 8:00 Pickleball 9:30 Aquasize 9:30 Tai Chi (AR) 7:15 Bingo (AR)	**23** 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP) 1:30 Crochet w/Cheryl (CL)	1 3:
27 10:00 Naples United Church of Christ Livestreaming (AR) 12:00-2:00 Sunday Brunch 1:30 Bridge, Rummikub & Assorted Games (CL) 2:00 Mah Jongg (TP)	**28** 9:00 Men's Coffee (GP) 10:00 Grocery Shopping 10:00 Catholic Mass (AR) 10:30 Chair Yoga (GP) 12:30 Chorus Practice (TP) 2:00 Travel Club (GP) 1:30 Walmart Shopping 7:30 Movie (GP)	29 8:00 Pickleball 9:30 Aquasize 9:30 Tai Chi (AR) 7:15 Bingo (AR)	30 9:00 Putting on the Green 9:00 Ladies Coffee (GP) 10:30 Chair Yoga (GP) 4:30 Kirk & Marilyn Perform (CL)	(AR Roo (CL (GP er F (TP (GY (TP

SEPTEMBER CALENDAR

Thu	Fri	Sat
3 8:00 Pickleball 9:30 Aquasize 1:30 Open Art (TP) 0 Gym w/Trainer Jared (GYM) :30 Club Table (Colonnade)	**4** 9:00 Grocery Shopping 10:00 Bible Study (GP) 10:30 Chair Yoga (GP) 10:30 Forever Fit (AR) 10:30 Sailboat Regatta	**5** 8:00 Pickleball 9:30 Tai Chi (AR)
10 8:00 Pickleball 9:30 Aquasize 1:30 Crochet w/Cheryl (CL) 1:30 Open Art (TP) 2:00 Fred Katz Presents (GP) 00 Gym w/Trainer Jared (GYM) 5:30 Club Table (Colonnade) :30 Sept. Birthday Dinner (CL)	**11 Rosh Hashanah Begins** 9:00 Grocery Shopping 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 11:15 Lunch Bunch	**12** 8:00 Pickleball 9:30 Tai Chi (AR)
17 8:00 Pickleball 9:30 Aquasize 1:30 Open Art (TP) 0 Gym w/Trainer Jared (GYM) :30 Club Table (Colonnade)	**18** 9:00 Grocery Shopping 10:00 Bible Study (TPL) 10:30 Chair Yoga (GP) 10:30 Sailboat Regatta 10:30 Forever Fit (AR) 1:00 Book Club (GP) 4:00 Lois Kehoe Sing Along (TP)	**19** 8:00 Pickleball 9:30 Tai Chi (AR)
24 8:00 Pickleball 9:30 Aquasize 10:00 TP Board Meeting (GP) 2:00 Sales Lunch & Learn (CL) 1:30 Open Art (TP) 2:00 Fred Katz Presents (GP) 00 Gym w/Trainer Jared (GYM) 5:30 Club Table (Colonnade)	**25** 9:00 Grocery Shopping 10:00 Bible Study (TPL) 10:30 Chair Yoga (GP) 10:30 Forever Fit (AR) 10:30 Sailboat Regatta 10:45 Penny Pinchers	**26** 8:00 Pickleball 9:30 Tai Chi (AR)
Calendar Key R) Clubhouse Activity om L) Clubhouse P) Gathering Place, Tow-Pointe) Top of the Pointe Club YM) Tower Pointe Gym L) Tower Pointe Library		 Transportation to Tower Pointe activities is available from the Clubhouse.

Life Long Learning Program

The Regular Fall Semester will begin in October

Tuesday, September 15th
10am (GP)
"Get Ready to Vote in the November Election, now is the time to prepare"

Monday Night at the Movies
Gathering Place of Tower Pointe
7:30 pm

9/7-No Movie, Labor Day
9/14– Speed (Action)
9/21-Field of Dreams (Drama)
9/28-Don't Say Goodluck (Drama/ Comedy)

Arbor Trace Board Meeting
Wednesday, September 16th
3:00 p.m. Clubhouse Activity Room

Tower Pointe Board Meeting
Thursday, September 24th
10:00 a.m. Gathering Place

New Virtual Travel Club Season Starting-World's Greatest Places

Come join us as we travel using the TV in the Clubhouse Activity Room to some of the World's Greatest Places. Professor Justin M. Jacobs will take us on a lavish, personally selected tour of 24 of the most outstanding UNESCO World Heritage Sites. In the 24 illustrated lectures of the course, you'll discover world-famous sites such as India's Taj Mahal, the Acropolis of Athens, and Egypt's Thebes (modern Luxor). Additionally, you'll uncover others that are less familiar yet equally extraordinary, including: Angkor Wat—One of the world's most superlative temples, deep in the jungles of Cambodia, stunningly decorated with epic friezes of Hindu gods and legends; Teotihuacán—The grandest city of ancient Mesoamerica, whose temples, pyramids, and palaces rivalled those of both Egypt and Rome; Virunga National Park—One of Africa's premier national parks, featuring fabulous landscapes, dormant volcanos, rich biodiversity, and its most famous resident, the remarkable mountain gorilla; Sacred Sites of Tibet—Highlighting the iconic Potala Palace, traditional seat of the Dalai Lamas, and the Jokhang Temple, the most sacred temple in the Tibetan world; China's Mogao Grottoes—Along a transport route of the ancient Silk Road, 500 man-made caves that hold a breathtaking array of Buddhist paintings and sculptures, plus a vast trove of Buddhist literature and texts; and Persepolis—Majestic capital of ancient Persia's Achaemenid Empire, containing monumental gateways, palaces, stairways, and audience halls, and whose glorious art pays homage to the many peoples that undergirded its realm. Join us each Monday afternoon at 2:00 p.m. as we tackle one site per week.

JOIN THE CHOIR TODAY!

Do you love to sing? Come join our choir and be part of something special! Choir practices begin Monday, September 14th and will be held every Monday leading up to our performance on Friday, October 23rd. Whether you're an experienced singer or just love to sing, we'd love to have you! Come share your voice, make some music, and have fun with your neighbors. Practice begins Monday, September 14th in the Clubhouse Activity room at 12:30 p.m. Hope to see you there!

Artis—Naples

Enjoy Friday Night at Artis—Naples!

The new season of the Naples Philharmonic Masterworks Series is quickly approaching, and we're offering residents a wonderful way to enjoy these outstanding performances together! Get your friends together, purchase your tickets for the Masterworks Friday Series, and then sign up at the Clubhouse for a ride to Artis—Naples. Sit back, relax, and let us do the driving while you enjoy an evening of beautiful music and great company. The 2026–27 Masterworks season features an exciting lineup of classical performances, with Friday evening concerts throughout the season, starting October 30th. Tickets must be purchased directly through the Artis—Naples Box Office. Call 239-597-1900 to reserve your seats. Once you have your tickets, stop by the Clubhouse to sign up for a seat on the bus. Gather your friends, mark your calendars, and get ready for some wonderful Friday nights filled with music, friends, and fun!

ARBOR TRACE OF NAPLES

COMMUNITY CONNECTIONS

SEPTEMBER 2026



Meet Betty Christensen and Wilson Dove

Betty and Wilson moved into their Tower Pointe condo in mid-July after hearing about Arbor Trace a few years ago from the late Bob Boyden and Dave McCarthy, then friends from Rotary. Betty and Wilson were brokers with Dove Realty, their real estate business.

Betty is from central Florida near Orlando and Cape Canaveral. At Edgewater High School she was a cheerleader and active in Student Council. She also enjoyed fishing with her father for bass and later caught kingfish and mahi-mahi. She graduated from Agnes Scott College in Decatur, GA with an Education degree with minors in history and government, and then taught those subjects for five years. When she realized her baby sitter was making more than she, she quit and went into real estate. After working for two companies she joined Dove Realty, Wilson's firm about forty- seven years ago. The two fell in love and married.

Wilson is from Derwood, MD. and graduated from Richard Montgomery High School where he played basketball and football. He also enjoyed music playing the guitar and fiddle with a country western band. After high school Wilson went into the Army serving during the Cold War era at Ft. Lee, VA a total of eight years that included his time in the Army Reserves. When discharged he moved to Florida and was a student at the International College in Naples, graduating with a business administration degree. He worked with several real estate agencies before starting his Dove Realty in Ft. Lauderdale, FL.

Some years later Wilson moved the agency to Naples and then eventually to Bonita Springs, next to Pelican Landing. Though he and Betty officially retired eleven years ago they still get calls from friends asking for real estate help. Now they are looking forward to relaxing once they are totally settled in their new condo. They enjoy eating out, spending time with their children (two each from a previous marriage) and 4 great grandchildren with the closest family in West Palm Beach. At Arbor Trace Wilson is hoping to get some help with computer issues while Betty wants to try tai chi and perhaps chair yoga.

A warm welcome to Betty and Wilson!

By Shirley Woolaway





August Lunch Bunch—Hogfish Harry's





Ice Cream Social









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AROUND THE COMMUNITY

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THE BOOK CORNER: **Come check it out!** The Tower library has new large-print books—and some are brand new best sellers; we hope you enjoy! As a reminder, all large-print books are marked with an orange sticker. Our libraries—in the Clubhouse and the Tower-- are open to all; try them out if you have not already. **September Book Discussion—No book this month:** Instead we will be discussing a list of proposed books (many that you have recommended) and voting on our new selections for the next year. Thanks to Michaela Gardiner and Barbara Bongard for their help compiling this list! If you would like a copy, please contact Sandy Steinbach in the Clubhouse or Karen Sexton in the Tower . This is always a fun meeting—and a great time to check us out: **Friday, September 18, 1:00 p.m. in the Tower Gathering Place.** Do you have some spare time….like books? The Clubhouse library would welcome one or two volunteers to help out. If you're at all interested, please contact Peggy Cushman or Sandy Steinbach.



Men's and Ladies' Coffee



An invitation for the men and women of the community to join in a weekly men's and ladies' coffee. See familiar faces, meet someone new, and simply enjoy each other's company. The weekly opportunity to connect is often what makes it valuable. The men's coffee meets Mondays at 9:00 a.m. and the ladies' coffee meets on Wednesdays at 9:00 a.m. so come join in!



Save the Date

Save the Date!



Our annual Flu Shot & Vaccine Clinic is coming on the morning of Monday, October 5th. This is a convenient opportunity to stay up to date on your seasonal flu shot and other recommended vaccines. More details about the time and sign-up information will be coming soon. **Mark your calendar now —**

Arbor Trace Revue—September 2026 Edition ● **Editors:** Jennifer Whitten & Sandy Steinbach
Publisher: Jennifer Whitten ● **Calendar of Events**: Sandy Steinbach
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Please visitwww.arbortrace.com